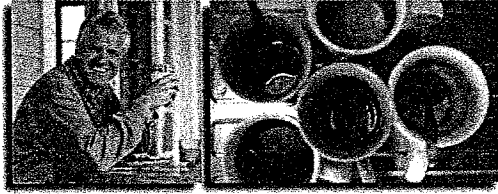


Your nervous system controls and regulates every cell of your body. We use an instrument that reveals how well your nervous system is working.

**Please let us know if we need to be mindful of the following:**



Drinking coffee or tea can excite the nervous system. Have you had any of these caffeinated beverages today?

**No**  **Yes**

About \_\_\_\_ cups.

Cola drinks contain caffeine and chemicals that can affect the nervous system.

How many sodas have you had today: \_\_\_\_\_



Nicotine is a nervous system stimulant.

Have you used any tobacco today?

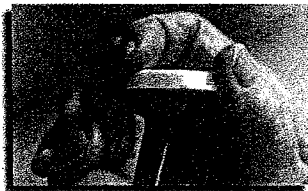
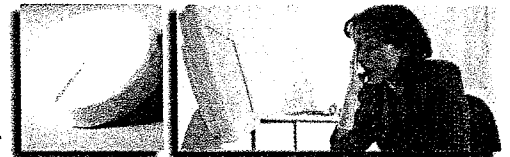
**No**  **Yes**

How much: \_\_\_\_\_

Common, over-the-counter drugs can impact the nervous system.

Have you taken any of these types of drugs today?

**No**  **Yes:** \_\_\_\_\_



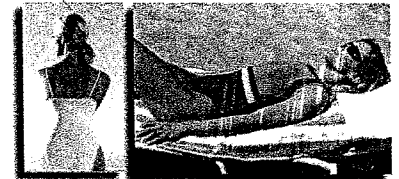
Many prescription drugs and muscle relaxers affect the nervous system.

Have you taken any type of prescription medication today?

**No**  **Yes:** \_\_\_\_\_

Excessive exposure to the sun affects the accuracy of your scan.

Have you had a sunburn in the last five days?  **No**  **Yes**



Bath salts, oils or sunscreen on your skin can influence instrument sensitivity.

Have you used any of these products today?  **No**  **Yes**

Vigorous physical activity can exaggerate your scan results.

Have you had a workout today?  **No**  **Yes**



Stress, depression, anxiety or emotional upsets can affect nervous system tension.

Compared to a typical day, are you currently experiencing any type of emotional turmoil?  **No**  **Yes**